

HAIR FOOD

HEALTHY HAIR & NAILS

SUPPORTS HAIR, NAILS AND SKIN



- + Strengthens hair, supports healthy skin and strong nails
- + Helps the body to metabolize carbohydrates, fats and proteins
- + Helps thin, fragile or falling out hair
- + Helps tissue formation
- + Helps energy metabolism

EACH CAPSULE CONTAINS:

L-Cysteine	150 mg
Schisandra chinensis (fruit) 2% Schisandrins	150 mg
Urtica dioica (Stinging nettle), herb top	150 mg
L-Tyrosine	135 mg
DL-alpha-Lipoic acid	25 mg
Vitamin B5 (Calcium D-Panthenate)	25 mg
Vitamin B6 (Pyridoxal 5'-phosphate)	25 mg
Zinc (Zinc citrate)	3 mg
Astaxanthin (Haematococcus pluvialis-whole)	2 mg
Iron (Iron fumarate)	2 mg
Biotin	225 mcg
Vitamin B12 (Methylcobalamin)	75 mcg
Selenium (Selenomethionine)	40 mcg

PRESENTATION:

120 and 240 vegetable capsules.

DOSAGE:

2 capsules 2 times a day.

CAN BE USED IN CONJUNCTION WITH:

Sili-Mer, Mutli-V-Min, Homeocap

