

NOT FOR CONSUMER USE



Herbasanté

PMS-SPM + Perimenopause

HEALTHY MOOD BALANCE IN PMS & PERIMENOPAUSE



- ✓ Helps to support and maintain a healthy mood balance in premenstrual and perimenopausal women
- ✓ Helps in the management of physical and emotional symptoms of premenstrual syndrome (PMS)
- ✓ Helps reduce the symptoms of premenstrual symptoms such as mood changes
- ✓ Helps to reduce the symptoms of mild to moderate stress



Each capsule contains/Chaque capsule contient :

Cerebiome® Blend/mélange *Lactobacillus helveticus* (Rosell®-52) 2.682 billion/milliards cfu
Bifidobacterium longum subsp. Longum (Rosell®-175) 0.318 billion/milliards cfu
Crocus Sativus (safr'inside) saffron/safran 30 mg

Non-medicinal ingredients: Hypromellose, bacteria culture, acacia fiber, magnesium stearate, ascorbic acid, potato starch.

Suggested use: 1 cap in the morning

MADE UP OF TWO UNIQUE PATENTS



Safr'inside™ is a registered trademark of Activ'inside

Safr'Inside™ is the richest saffron extract:

- Made exclusively from saffron stigmas, **certified Sargol quality** known as the richest in active metabolites
- Clinically studied
- Obtained from the **Tech'care extraction™** process - provides a **natural encapsulation of saffron metabolites**
- Offers up to **10 times more safranal**
- Provides **more than 25 metabolites**



Cerebiome®:

- **Psychobiotic** (acts on the brain)
- Combination of **two strains of probiotics** studied in clinical studies to target a wide variety of **emotional states**.
- Has **9 clinical studies** demonstrating its effectiveness on the **gut/brain axis**, making it **THE MOST DOCUMENTED psychobiotic**
- Claims target the **physical and psychological symptoms of stress, anxiety and depression**.

Made in Canada by:

 Herbasanté

  herbasante.ca